



ArchitectureBoston Magazine
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Urban planning began more than 100 years ago as a public-health challenge: how to build a city's infrastructure to better control infectious diseases. "Over time," writes editor Renée Loth, "the disciplines of medicine and public health grew far apart." ***Well, the 2015 winter issue of ArchitectureBoston***, brings them together again. "Access to fresh air, natural light, nontoxic materials, and safe, verdant public spaces that invite exercise and social contact—these are the touchstones of wellness, and keeping them front of mind is the formula for an architecture that heals."

Feature articles in *Well* include:

"Building health" by Robin Guenther FAIA

Restorative design is a new way to design healthcare institutions, highlighting the air, the light, the materials, the space itself. A wellness pledge for the medical industrial complex.

"Case study: Mattapan" by Alyssa Haywoode

In a neighborhood where health indices have been lagging—from environmental pollutants to unhealthy housing stock, poor recreation options to a lack of good nutrition—what design interventions can boost a community's physical and civic health?

"Project recovery" by Michael McHugh AIA

An architect reflects on how design volunteers adapted a third-floor walk-up for a Boston Marathon bombing victim's physical challenges. Universal design in new construction is one thing; what do you do with 19th-century stock?

"3 takes" by George A. Takoudes AIA, Lee Moreau AIA, and Walter Robinson MD

An architect, a designer, and a doctor walk into a hospital room . . . and reimagine what it could and should be.

"Shelter from the storm" by Elissa Ely

In a windowless room, among garbage bags filled with lives, is space for promoting mental health.

Other short essays in the issue delve into design interventions that encourage healthier environments:

- "Perspective," by Ann Sussman AIA
- "Light," by Brent D. Ryan
- "Trees," by Gary Hilderbrand FASLA
- "Home," by Megan T. Sandel MD
- "Clarity," by Chu Foxlin AIA

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About *ArchitectureBoston*

ArchitectureBoston, a quarterly publication of the Boston Society of Architects/AIA (BSA), explores the ways in which architecture influences and is influenced by our environment and our society. A benefit of membership in the BSA, *ArchitectureBoston* is also distributed to AIA members throughout New England as well as to allied professionals (engineers, landscape architects, interior designers, and lawyers), members of the construction industry, community and business leaders, politicians and policymakers, design schools, public libraries, media representatives, and subscribers. It can also be purchased at select independent bookstores in Boston. For more information, visit architects.org/architectureboston.

About the Boston Society of Architects/AIA

The Boston Society of Architects/AIA (BSA) is committed to professional development for its members, advocacy on behalf of great design, and sharing an appreciation for the built environment with the public at large. Established in 1867, the BSA today consists of nearly 4,000 members and produces a diverse array of programs and publications, including ArchitectureBoston Expo and *ArchitectureBoston* magazine. A chapter of the American Institute of Architects, the BSA is a nonprofit, professional-service organization. Its partner organization, the BSA Foundation, supports the civic and public outreach of the architectural community. For more information, visit architects.org or architects.org/foundation.

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